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**FOR IMMEDIATE RELEASE**

## **CYBEX RECEIVES INNOVATIVE EQUIPMENT AWARD FOR ACTIVE OLDER ADULTS**

**MEDWAY, MA, August 1, 2005** - Cybex International, Inc. (AMEX: CYB), a leading exercise equipment manufacturer announced today that the International Council on Active Aging (ICAA) has awarded the Cybex|Trazer product as North America's Innovative New Piece of Equipment for active older adults. Colin Milner, CEO of the International Council on Active Aging states, "The Trazer was selected by the panel from among many applications to receive the ICAA Industry Innovators Award, which looks for unique solutions to help older adults increase their physical activity. Improving balance and stability is an important part of fall prevention, and the Trazer is designed to achieve that goal."

Through a unique combination of interactive virtual reality and tracking technologies, Trazer motivates and measures movement skills in people of almost all ages and capabilities. Besides being entertaining and engaging, Trazer couples visual and auditory cues with immediate biofeedback to create a truly rewarding experience. Paul Dolan, CYBEX Director of Business Development stated, "This recognition reinforces our belief that Cybex|Trazer will play an important role in improving the lives of seniors throughout the world by addressing such critical functions as reaction to random stimulus, functional cardiovascular efficiency and the development of strength and power in a synergistic fashion."

John Aglioloro, CYBEX Chairman & CEO stated, "CYBEX is honored that the ICAA has recognized Trazer's innovation and far reaching capabilities. It is crucial as we age to remain active and remember the vital benefits that exercise has to all of us." The Trazer experience is delivered through a menu of over a dozen programs. Each program addresses one or more basic movement skills. These movement skills are often referred to as Activities of Daily Living, or ADL, and they include critical functions like: reaction to random stimulus, spatial awareness, agility, balance, lateral movement, vertical leap and functional cardiovascular efficiency. Whether in the form of games, drills or tests, Trazer programs can be customized in multiple fashions to best match the goals and capabilities of older adults, serious athletes, young people and almost everyone in between.

Cybex International, Inc. is a leading manufacturer of premium exercise equipment for commercial and consumer use. The CYBEX product line includes a full range of both strength training and cardio training machines sold worldwide under the CYBEX brand. Products and programs are designed and engineered to reflect the natural movement of the human body, assisting each unique user – from the professional athlete to the first-time exerciser – to improve daily human performance. For more information on CYBEX and its product line, please visit the Company's website at [www.cybexinternational.com](http://www.cybexinternational.com).

*This news release may contain forward-looking statements. There are a number of risks and uncertainties that could cause actual results to differ materially from those anticipated by the statements made above. These include, but are not limited to, competitive factors, technological and product developments, market demand, economic conditions and the ability of the Company to comply with the terms of its credit facilities. Further information on these and other factors which could affect the Company's financial results can be found in the Company's previously filed Report on Form 10-K, its Reports on Form 10-Q, its Current Reports on Form 8-K, and its proxy statement dated April 6, 2005.*

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