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**CYBEX RESEARCH INSTITUTE NAMES ATLANTIC HEALTH SYSTEM AS OFFICIAL
RESEARCH AND EDUCATION PARTNER**

*Atlantic Sports Health, Cybex, to Collaborate on Development of Effective Exercise Based Prevention,
Recovery and Overall Health Advancements*

MEDWAY, MA, January 22, 2014 – Cybex International, a leading manufacturer of premium exercise equipment, today announced Atlantic Health System, one of the largest non-profit health care organizations in New Jersey, as an official research and education partner of the Cybex Research Institute. Under the new partnership, Cybex and the Atlantic Sports Health program will collaborate on outcome-driven research and educational programs that will benefit Cybex customers and Atlantic Health System patients.

Some immediate research topics include fitness, aging, obesity, diabetes and post-surgical interventions. Early educational programs will focus on fitness, health, quality of life, sports health and performance in the form of:

- Contributions to the development of Cybex Research Institute educational content and services
- Atlantic Health System-Cybex Research Institute courses/workshops
- Annual symposium at Atlantic Sports Health Conference Center
- Development of an education and certification process

“As one of the most highly recognized health care organizations in New Jersey, with a world-class Sports Health program, Atlantic Health System is an ideal partner for us as we continue to provide a 360 degree approach to health, fitness and education,” said Art Hicks, CEO of Cybex International. “We are thrilled to join forces with this leading healthcare organization to uncover the latest research and develop effective exercise programs to offer positive outcomes for consumers and patients whether they are working through health and fitness issues, performance training or simply seeking a healthy fitness routine.”

To ensure the highest quality of research and education initiatives, Atlantic Sports Health selected Cybex equipment for its facility at 111 Madison Avenue in Morristown. This includes Cybex Arc Trainers, the company’s line of cross trainers, which contribute to outcomes not typically associated with cross trainers, such as running speed, muscle strength, and power. The Arc Trainer is scientifically tested to be gentler on joints and reduce the chance of strain or injury to the knees while boosting overall strength, power and endurance, and burns 16 percent more calories than ellipticals. This equipment will be used by sports health and rehabilitation patients at the Atlantic Sports Health site.

“We are looking forward to the results of our collaboration with the Cybex Research Institute, as we share a commitment to health backed by scientific research,” said Dr. Damion Martins, director of orthopedics and sports medicine for Atlantic Health System. “Health and fitness go hand in hand, and together with the Cybex Research Institute we will discover new and impactful research to better serve our customers and patients.”

Dr. Martins is also the Director of Internal Medicine for the New York Jets and member of the NFL Team Physician Society, and currently serves as the Administrative Medical Director for Major League Soccer, He has served as the Chief of Internal Medicine for the US Open Tennis Championship and team physician to NHL’s New York Islanders.

Atlantic Health System includes Morristown, Overlook, Newton and Chilton medical centers, and Goryeb Children’s Hospital, in New Jersey. The Atlantic Sports Health program offers a wide range of world-class care using a comprehensive approach to injury prevention and treatment. Atlantic Health System was recently ranked 25th in the nation on FORTUNE® magazine’s 2014 list of “100 Best Companies to Work For®,” higher than any other New Jersey-based company, in its sixth consecutive year on the list.

The Cybex Research Institute investigates both existing Cybex products and future concepts to ensure designs are optimized for the best fitness results. The facility then educates the public and trainers on the safe and effective use of Cybex machines.

ABOUT CYBEX INTERNATIONAL

Cybex International, Inc. is a leading manufacturer of premium exercise equipment. The Cybex product line, which includes a full range of strength and cardio training machines, is designed using exercise science to reflect the natural movement of the human body. Led by the Cybex Research Institute, Cybex fitness equipment is engineered to produce optimal results for users from the first-time exerciser to the professional athlete. Cybex designs and builds its products in the USA for a wide range of facilities, from commercial health clubs to home gyms, in more than 85 countries worldwide. For more information on Cybex and its products, visit the Company’s website at <http://www.cybexintl.com>.

ABOUT ATLANTIC HEALTH SYSTEM

Atlantic Health System, headquartered in Morristown, New Jersey, is one of the largest non-profit health care systems in New Jersey. It includes Morristown Medical Center in Morristown, NJ; Overlook Medical Center in Summit, NJ; Newton Medical Center in Newton, NJ; Chilton Medical Center in Pompton Plains, NJ; and Goryeb Children’s Hospital in Morristown, NJ, as well as Atlantic Rehabilitation, and Atlantic Home Care and Hospice. It also includes its subsidiary, Atlantic Ambulance Corporation. Atlantic Health System comprises 1,599 licensed beds, nearly 13,400 employees and more than 3,700 physicians. Atlantic Health System is a clinical and academic affiliate of The Mount Sinai Hospital and the Icahn School of Medicine at Mount Sinai; a Major Clinical Affiliate of Rutgers Cancer Institute of New Jersey; part of Atlantic Accountable Care Organization, one of the largest ACOs in the nation, and is a member of AllSpire Health Partners.

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