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FOR IMMEDIATE RELEASE

CYBEX NAMES SCOTT RIEHL AS GOLF PERFORMANCE ADVISOR

Strength and Conditioning Coach to International Tour Stars Contributes to 'Sweet Spot' Golf Fitness Program

MEDWAY, MA, TBD, 2009 – Cybex International, Inc. (NASDAQ: CYBI), a leading manufacturer of premium exercise equipment for the commercial and consumer markets, announced today that Scott Riehl has been named its Golf Performance Advisor. Scott is the Strength and Conditioning Coordinator for The DePuy Mitek Mobile Fitness Trailer that travels week to week on tour.

In this position, Riehl will play a key role in the development of content for "Sweet Spot," a new program created by Cybex Golf Fitness that is based precisely on the equipment and exercises used by the world's best golfers. His contributions will also include appearances on behalf of the company, crafting monthly fitness-themed columns posted to www.cybexgolf.com and serving as an expert source for educational materials designed to enhance the overall wellness of country club members nationwide.

"This is an extension of a long-standing relationship with Scott, who week after week trains tour stars exclusively on CYBEX equipment," says John Aglioloro, CYBEX Chairman and CEO. "Gone are the days when guys who are out of shape can consistently compete at the sport's highest levels. Today, roughly 85 percent of professional tour players are completely dedicated to a daily workout regimen, and that's having a huge impact across the board."

Created to enhance member loyalty, drive year-round revenue, increase fitness center usage and create a point of distinction to club prospects, Sweet Spot helps men and women of all ages and abilities perform their best, have fun and remain healthy. The program is offered in pre-sized and custom plans to align with the square footage of any club's fitness center and supported by an added-value Club Marketing Program.

"This partnership provides a superb platform to enhance the understanding all golfers have about the techniques and equipment used by elite players from around the world," states Riehl. "Until now, I've been

focused on getting professionals into the best shape of their lives, and using CYBEX equipment to do so because it allows them to exercise at higher levels of intensity without fear of injury or overuse. Now I'm bringing my expertise to the country club market.”

About CYBEX

Cybox International, Inc. is a leading manufacturer of premium exercise equipment for commercial and consumer use. The CYBEX product line, including a full range of strength and cardio training machines, is designed using exercise science to reflect the natural movement of the human body. Led by the [Cybox Institute for Exercise Science](#), CYBEX fitness equipment is engineered to produce optimal results for users from the first-time exerciser to the professional athlete. Products are available for a wide range of facilities, from commercial health clubs to home gyms, and are sold in more than 85 countries worldwide. For more information on CYBEX and its product lines, visit the Company's website at www.cyboxintl.com.

This news release may contain forward-looking statements. There are a number of risks and uncertainties that could cause actual results to differ materially from those anticipated by the statements made above. These include, but are not limited to, competitive factors, technological and product developments, market demand, economic conditions, the resolution of litigation involving the Company, and the ability of the Company to comply with the terms of its credit facilities. Further information on these and other factors which could affect the Company's financial results can be found in the Company's previously filed Report on Form 10-K for the year ended December 31, 2008, its Reports on Form 10-Q, its Current Reports on Form 8-K, and its proxy statement dated March 26, 2009.

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