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FOR IMMEDIATE RELEASE

**CYBEX ANNOUNCES DATE AND CONFERENCE CALL
FOR THIRD QUARTER 2011 EARNINGS**

MEDWAY, MA, October 14, 2011 -- Cybex International, Inc. (NASDAQ: CYBI), a leading manufacturer of premium exercise equipment, announced today that it will release earnings for its third quarter ended September 24, 2011 on Tuesday, October 18, 2011.

The Company will hold a conference call to discuss results on that same day at 4:30 p.m. ET. Those who wish to participate may dial (888) 695-0612 from the U.S. or (719) 785-1759 for international callers. A live webcast of the conference call will be available on Cybex's website at www.cybexintl.com in the Company Press section. Participants should visit the website at least 15 minutes early to register for the teleconference webcast and download any necessary software.

A replay of the call will be available starting Tuesday, October 18, 2011 at 7:30 p.m. ET and lasting through Friday, October 28, 2011 by dialing (877) 870-5176 or (858) 384-5517 for international callers. The access code for the replay is 4518758.

About Cybex

Cybex International, Inc. is a leading manufacturer of premium exercise equipment primarily for commercial use. The Cybex product line, including a full range of strength and cardio training machines, is designed using exercise science to reflect the natural movement of the human body. Led by the [Cybex Institute for Exercise Science](#), Cybex fitness equipment is engineered to produce optimal results for users from the first-time exerciser to the professional athlete. Products are available for a wide range of facilities, from commercial health clubs to home gyms, and are sold in more than 85 countries worldwide. For more information on Cybex and its product lines, visit the Company's website at www.cybexintl.com.

This news release may contain forward-looking statements. There are a number of risks and uncertainties that could cause actual results to differ materially from those anticipated by the statements made above. These include, but are not limited to, the resolution of litigation involving the Company, the ability of the Company to comply with the terms of its credit facilities, competitive factors, technological and product developments, market demand, and economic conditions. Further information on these and other factors which could affect the Company's financial results can be found in the Company's previous filed Report on Form 10-K for the year ended December 31, 2010, its Reports on Form 10-Q, its Current Reports on Form 8-K, and its proxy statement dated April 14, 2011.

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