



COMPANY Arthur W. Hicks, Jr.
CONTACT: President and COO
(508) 533-4300

FOR IMMEDIATE RELEASE

**CYBEX ANNOUNCES DATE AND CONFERENCE CALL
FOR FOURTH QUARTER AND FISCAL 2011 EARNINGS**

MEDWAY, MA, February 13, 2012 -- Cybex International, Inc. (NASDAQ: CYBI), a leading U.S. manufacturer of premium exercise equipment, announced today that it will release earnings for its fourth quarter and fiscal year ended December 31, 2011 on Wednesday, February 15, 2012.

The Company will hold a conference call to discuss results on that same day at 4:30 p.m. E.T. Those who wish to participate may dial (888) 401-4685 from the U.S. or (719) 325-2122 for international callers. A live webcast of the conference call will be available on Cybex's website at www.cybexintl.com in the Company Press section. Participants should visit the website at least 15 minutes early to register for the teleconference webcast and download any necessary software.

A replay of the call will be available starting Wednesday, February 15, 2012 at 7:30 p.m. E.T. and lasting through Saturday, February 25, 2012 by dialing (877) 870-5176 or (858) 384-5517 for international callers. The access code for the replay is 9476085.

About Cybex

Cybex International, Inc. is a leading manufacturer of premium exercise equipment primarily for commercial use. The Cybex product line, including a full range of strength and cardio training machines, is designed using exercise science to reflect the natural movement of the human body. Led by the [Cybex Research Institute](#), Cybex fitness equipment is engineered to produce optimal results for users from the first-time exerciser to the professional athlete. Cybex products, designed and built in the USA, are available for a wide range of facilities, from commercial health clubs to home gyms, and are sold in more than 85 countries worldwide. For more information on Cybex and its product lines, visit the Company's website at www.cybexintl.com.

This news release may contain forward-looking statements. There are a number of risks and uncertainties that could cause actual results to differ materially from those anticipated by the statements made above. These include, but are not limited to, the ability of the Company to comply with the terms of its credit facilities, competitive factors, technological and product developments, market demand, economic conditions, and the resolution of litigation involving the Company. Further information on these and other factors which could affect the Company's financial results can be found in the Company's previously filed Report on Form 10-K for the year ended December 31, 2010, its Reports on Form 10-Q, its Current Reports on Form 8-K, and its proxy statement dated April 14, 2011.

###