

				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(s) (Instr. 4)	
Employee Stock Option (Right to Buy)	\$1.51	12/06/2012		M			3,800	(3)	12/11/2012	Common Stock	3,800	\$ 0	0	D
Employee Stock Option (Right to Buy)	\$1.51	12/06/2012		M			1,200	(3)	12/11/2012	Common Stock	1,200	\$ 0	0	D
Employee Stock Option (Right to Buy)	\$1.17	02/07/2013		D(1)			10,000	(4)	01/01/2020 (4)	Common Stock	10,000	(4)	0	D
Employee Stock Option (Right to Buy)	\$4.56	02/07/2013		D(1)			10,000	(4)	12/31/2017 (4)	Common Stock	10,000	(4)	0	D
Employee Stock Option (Right to Buy)	\$7.37	02/07/2013		D(1)			10,000	(4)	11/01/2016 (4)	Common Stock	10,000	(4)	0	D
Employee Stock Option (Right to Buy)	\$1.27	02/07/2013		D(1)			30,000	(4)	01/05/2014 (4)	Common Stock	30,000	(4)	0	D

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
PRYTS, EDWARD J Cybex International, Inc. 10 Trotter Drive Medway, MA 02053			SR. VP of N.A. Sales	

Signatures

/s/ Edward J. Pryts

02/07/2013

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Disposed of pursuant to the Agreement and Plan of Merger, dated as of October 12, 2012, among the Issuer, Cyb Merger Corp. and UM Holdings, Ltd. (the "Merger Agreement").

(2) Disposed of pursuant to the Merger Agreement in exchange for \$2.55 for each share of the Issuer's common stock held by Reporting Person.

(3) This option vested in four equal annual installments on December 11, 2003, December 11, 2004, December 11, 2005 and December 11, 2006.

- (4) Pursuant to the Merger Agreement, this option was cancelled as of February 7, 2013 in exchange for a cash payment equal to the product of (i) the total number of shares of the Issuer's common stock subject to the option multiplied by (ii) the excess, if any, of \$2.55 over the per share exercise price of the option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.