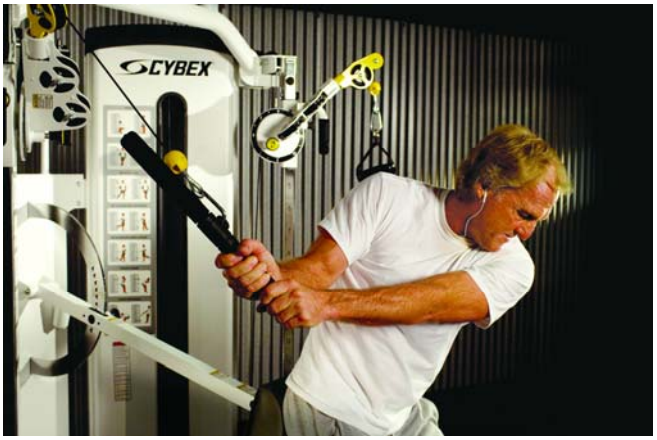
Cybex Supplies Mobile Fitness and Therapy Centers Used on PGA TOUR and Champions Tour with High Performance Cybex Fitness Equipment

Fitness and Exercise Lead to Better Performance on the Course, Says Greg Norman

MEDWAY, MA, February 22, 2012 – Cybex International Inc. (NASDAQ: CYBI), a leading manufacturer of exercise equipment, is outfitting the state-of-the-art Allegheny Sports Medicine mobile fitness and therapy centers used by the world's elite golfers on the PGA TOUR and Champions Tour in 2012.



Golf Legend Greg Norman, working out on Cybex Bravo functional trainer, advocates physical fitness and performance are linked at the highest level.

"The world's best players increasingly look to enhance their performance on the course through better fitness off it," said golf legend Greg Norman. "Cybex equipment allows these players to exercise at higher levels of intensity without fear of injury or overuse."

The PGA TOUR's four mobile fitness and therapy centers travel to all tournament sites to support the players throughout the season. The PGA TOUR centers are outfitted with Cybex Arc Trainers (scientifically proven to provide faster weight loss, burning 16 percent more calories than ellipticals), Cybex treadmills and exercise bikes, Cybex Bravo functional trainers, and adjustable benches. The mobile centers are staffed with professional therapists, chiropractors and athletic trainers who assist the players with rehabilitative and preventive care as well as personal conditioning programs.

"To prevent injuries, endure the rigors of competitive play and succeed on the PGA TOUR, today's professional golfers are continually focused on improving their performance level on the golf course through strength and cardio training," said Paul Schueren, a physical therapist who has been with the player mobile fitness and therapy centers since 1988. "By using mobile fitness and therapy centers outfitted with Cybex equipment, more than 80 percent of PGA TOUR professionals are demonstrating that fitness and performance are linked at the highest level."

Norman, a fitness aficionado who was once the world's No. 1 ranked golfer, has seen professional golfers change their attitude toward regular exercise and fitness. "When I was younger, we were told exercising was

bad for your golf swing but I still made fitness a central part of my regular exercise and training regimen," said Norman. "It's great to see a paradigm shift with professional golfers who now make fitness part of their daily routine. Today, golfers are bombing their drives 300-plus yards and they're healthier and stronger because of regular exercise."

"Even the veterans on the Champions Tour realize the importance of making fitness a central part of their training," added Norman, who held the No. 1 ranking for 331 weeks. "Thankfully, the old mentality that fitness hurts your swing has changed forever."

Cybex, a manufacturer and supplier of strength training and cardio equipment for thousands of fitness clubs, hotels, resorts, colleges, universities and municipalities across the globe, recently introduced a new Cybex Golf Performance Program.

"Golfers are constantly evolving both on the course and with their daily routines. Refining their swing is as important as their fitness training techniques," said Stephen Alvezi, Director of Sales, Cybex Golf. "At clubs, fitness facilities and on tour we see golfers are more focused on the concept of functional training to maximize effective targeting of muscles and joints used in their golf swing. Golfers are looking for any advantage they can get over their competition, and fitness is an area where they can raise their game to the next level."

Media Contact: David Fouse, 703.938.6430 fouse@pinkstongroup.com

About Cybex

Cybex International, Inc. is a leading manufacturer of premium exercise equipment primarily for commercial use. The Cybex product line, including a full range of strength and cardio training machines, is designed using exercise science to reflect the natural movement of the human body. Led by the Cybex Research Institute, Cybex fitness equipment is engineered to produce optimal results for users from the first-time exerciser to the professional athlete. Cybex products, designed and built in the USA, are available for a wide range of facilities, from commercial health clubs to home gyms, and are sold in more than 85 countries worldwide. For more information on Cybex and its product lines, visit the Company's website at www.cybexintl.com.

This news release may contain forward-looking statements. There are a number of risks and uncertainties that could cause actual results to differ materially from those anticipated by the statements made above. These include, but are not limited to, the ability of the Company to comply with the terms of its credit facilities, competitive factors, technological and product developments, market demand, economic conditions, and the resolution of litigation involving the Company. Further information on these and other factors which could affect the Company's financial results can be found in the Company's previously filed Report on Form 10-K for the year ended December 31, 2010, its Reports on Form 10-Q, its Current Reports on Form 8-K, and its proxy statement dated April 14, 2011.

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