


APRIL IS NATIONAL CANCER CONTROL MONTH



Cancer is the second-leading cause of death in the United States, accounting for nearly one in four deaths. According to the National Cancer Institute (NCI), cancer is a term used to describe diseases in which abnormal cells divide without control and are able to invade other tissues. Cancer cells can spread to other parts of the body through the blood and lymph systems. The process by which cancer spreads from one part of the body to another is called “metastasis.” There are more than 100 different types of cancer and most cancers are named for the organ or type of cell in which they originate (i.e., cancer that begins in the colon is called “colon cancer” and cancer that begins in the breast is called “breast cancer”).

The concept of cancer control includes prevention, early detection and treatment. Prevention is the most effective way to control cancer. In fact, much of the suffering and death from cancer could be prevented if Americans reduced tobacco use, improved their diets, increased physical activity, reduced obesity and expanded their use of established screening tests.



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