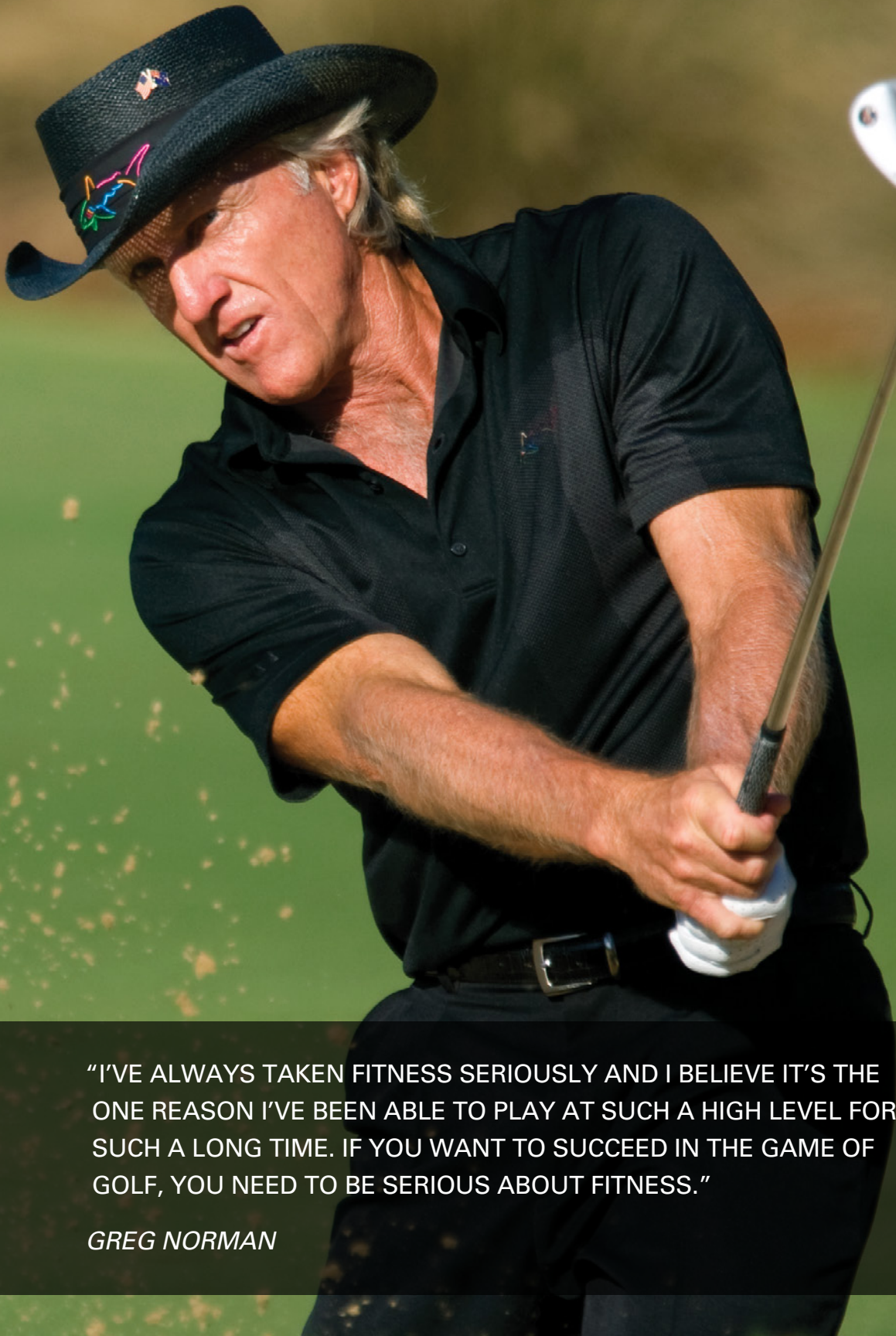


CYBEX[®]

GOLF PERFORMANCE PROGRAM
THE #1 WAY PROS GET FIT.



"I'VE ALWAYS TAKEN FITNESS SERIOUSLY AND I BELIEVE IT'S THE ONE REASON I'VE BEEN ABLE TO PLAY AT SUCH A HIGH LEVEL FOR SUCH A LONG TIME. IF YOU WANT TO SUCCEED IN THE GAME OF GOLF, YOU NEED TO BE SERIOUS ABOUT FITNESS."

GREG NORMAN



MAKE THE PROS CHOICE YOUR CHOICE.

The CYBEX Institute for Exercise Science is pleased to bring to you the CYBEX Golf Performance Program, designed to enhance the specific physical attributes that lead to a smooth, efficient, and powerful golf swing, regardless of your age or golfing ability.

With a focused and consistent approach to enhancing your golf fitness, you'll not only build a strong foundation for a great swing, you'll also feel better, improve your stamina, and increase your tolerance to the stresses that may result in overuse injuries.

CYBEX also recognizes, however, that as a golfer, your priority is playing golf, and not spending endless hours in the gym. We've designed this program, therefore, to be specific and targeted, with exercise routines that you can complete in as little as twenty minutes, giving you plenty of time to lace up your spikes and hit the fairways.

Every golfer has to have an effective swing, but no one swing is right for every golfer. At CYBEX, we understand this, but at the same time, we have to deliver an effective program that you can complete in twenty minutes. How did we accomplish this?

It's simple, actually. We conducted exhaustive research on over 500 golfers of differing abilities, examining strength, flexibility, alignment, balance, and swing characteristics, and identified four physical prerequisites that are absolutely essential to any successful golf swing, regardless of the type of move you put on the ball. Visit www.cybexgolf.com/program for more info.



To learn more about the brand pros like Greg Norman choose to stay fit, and prevent injuries on and off the course, visit www.cybexgolf.com/program. You will be able to view a sampling of the CYBEX Golf Performance Program and videos.

Once your facility purchases the CYBEX Bravo™, you will then gain access to the full program with a secure login, exclusively for your club and your members only.

Call CYBEX today to get the golf performance edge for your facility, +1.774.324.8000.



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Serious about fitness.