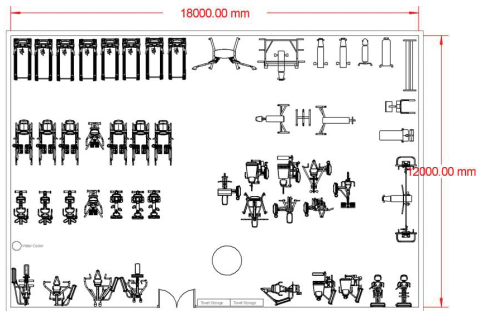




220M<sup>2</sup> (2368 FT<sup>2</sup>) – PENTHOUSE

*Serious about fitness.*



## EQUIPMENT LIST

750T Treadmill  
750AT Arc Trainer  
750C Upright Bike  
750R Recumbent Bike  
VR3 Row  
VR3 Chest Press  
VR3 Overhead Press  
VR3 Lat Pulldown  
VR3 Ab  
VR3 Leg Extension

VR3 Leg Curl  
VR3 Hip Adduction  
VR3 Hip Abduction  
VR1 Arm Curl  
VR1 Lat Pulldown  
VR1 Row  
VR1 Leg Extension  
VR1 Leg Curl  
VR1 Glute  
VR1 Tricep Extension

VR1 Standing Calf  
Smith Press  
Bent Leg Ab Board  
Back Extension  
Flat Bench  
Flat to 80 Adjustable Bench  
Olympic Bench Press  
Olympic Incline Press  
Cable Crossover