



## GOODWILL OF ORANGE COUNTY FITNESS CENTER

### Goodwill's Communications Manager, Katherine Ransom

"We're trying to create a workout here that really is accessible. Relying on **The Dumbbell Man Fitness Equipment** for their expertise in facility layout design, supplying the equipment and servicing has meant a partnership in success for our facility. Our decision on the Total Access equipment also came at the recommendation from The Dumbbell Man, and we couldn't be more pleased with the selection."

### Background

The Goodwill Fitness Center aims to help improve the overall quality of life for people with disabilities. The Fitness Center will feature **CYBEX Total Access** fitness products — a complete line of premium accessible exercise equipment that accommodates people of all abilities. The facility offers strength, cardiovascular, free weight and a variety of other training equipment in a caring and nurturing environment.

Specialized therapy classes, nutrition programs and exercise training will be offered as well. The unique 12,000 square foot space will be complete with a professional staff, cutting-edge equipment and an uplifting interior design. The Goodwill Fitness Center will serve as a model for other communities. For more information, please visit the website [www.ocgoodwill-fitnesscenter.org](http://www.ocgoodwill-fitnesscenter.org).

