Check this box if no

16. Form 4 or Form 5 obligations may continue.

See Instruction 1(b).

longer subject to Section

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)													
1. Name and Address of Reports HICKS ARTHUR W JR	ing Person *		ame and Ticker or T NTERNATIONA	•				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
Cybex International, Inc.,	(First) 10 Trotter Drive	(Middle)	3. Date of Ea 02/07/201	arliest Transaction (N	/Ionth/Day	/Yea	ar)						
Medway, MA 02053	(Street)		4. If Amend	ment, Date of Origin	al Filed (M	onth/	Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	nstr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if			4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock			02/07/2013		D ⁽¹⁾		15,346	5 D	\$2.55 (2)	0	D		
Reminder: Report on a separate	line for each class of s	ecurities be	Table II - Deriva	rectly or indirectly.	form a valid C	re n OMB pose	ot requ contro	iired ol nu Ben	d to respumber.	collection of information contained in thi bond unless the form displays a currently Owned	-	1474 (9-02)	

(e.g., puts, calls, warrants, options, convertible securities)

1	Conversion		3A. Deemed Execution Date, if any (Month/Day/Year)	Code				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		(Instr. 5)	of Derivative Securities Beneficially Owned Following	Ownership Form of Derivative	Beneficial
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction (s) (Instr. 4)	(Instr. 4)	
Employee Stock Option (Right to Buy)	\$1.17	02/07/2013		D ⁽¹⁾			15,000	(3)	01/01/2020	Common Stock	15,000	(3)	0	D	

Employee Stock Option (Right to Buy)	\$4.56	02/07/2013	D ⁽¹⁾		25,000	(3)	12/31/2017	Common Stock	25,000	<u>(3)</u>	0	D	
Employee Stock Option (Right to Buy)	\$1.22	02/07/2013	D ⁽¹⁾		40,000	(3)	01/05/2014	Common Stock	40,000	(3)	0	D	
Employee Stock Option (Right to Buy)	\$1.3	02/07/2013	D ⁽¹⁾		25,000	(3)	04/30/2013	Common Stock	25,000	(3)	0	D	

Reporting Owners

Described Oncome Name (Address	Relationships								
Reporting Owner Name / Address		10% Owner	Officer	Other					
HICKS ARTHUR W JR Cybex International, Inc. 10 Trotter Drive Medway, MA 02053	X		PRESIDENT/CFO/COO						

Signatures

/s/ Arthur W Hicks, Jr.	02/07/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Disposed of pursuant to the Agreement and Plan of Merger, dated as of October 12, 2012, among the Issuer, Cyb Merger Corp. and UM Holdings, Ltd. (the "Merger Agreement").
- (2) Disposed of pursuant to the Merger Agreement in exchange for \$2.55 for each share of the Issuer's common stock held by Reporting Person.
- (3) Pursuant to the Merger Agreement, this option was cancelled as of February 7, 2013 in exchange for a cash payment equal to the product of (i) the total number of shares of the Issuer's common stock subject to the option multiplied by (ii) the excess, if any, of \$2.55 over the per share exercise price of the option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.